



MONTFORD CHALLENGE ROW – Saturday, 24th March 2018.

Open to Celtic & Pembroke longboats - Classes are listed on the booking form. Coxes can swap. No Passengers.

This year we have devised a 2 stage time trial & bringing back the much loved “upstream” row for the 1st stage.

First stage is a 7 mile time trial upstream on the River Severn from Shrewsbury to finish at the most northerly point of The Isle Known as “North Pole”. At this marshalled location Boats turn downstream for a 2 mile “rest” row giving way to on coming race boats, allowing time for all crews to clear the second stage start point.

The second stage begins at marshalled location “Doctors One” & is a 5.5 mile time trial downstream to finish at the Pengwern Boat club in the centre of Shrewsbury. Stage times will be combined to determine class winners.

Both stages are through open countryside in all taking approx. 2.45 -4.5 hrs dependant on river & weather conditions.

The **race start** is located at **The West Mid Showground, Shrewsbury, Shropshire SY1 2PF.**

Lots of space here for parking, sorting boats etc & basic shelter in agricultural buildings if weather is iffy.

The **race finish** is located at **Pengwern Boat Club, Kingsland, Shrewsbury, Shropshire SY3 7BD.** This Victorian boathouse overlooking the Quarry and river is a great venue with balconies to view the racing. Race food, bar, male & female changing & shower facilities will be available there.

Parking for trailers & crew/ towing cars only at the Pengwern. Plenty of town centre car parking nearby.

The race presentation will be approximately 17.00 followed by DJ & live band entertainment - Further food will be available to purchase.

Transport will be available from Pengwern Boat Club (race finish venue) to the start location for those who need to take empty trailers to the finish prior to the race.

**Race fee is £10.00 per crew member to include race food & evening entertainment.
To register use the following link to SARC website online Entry form & payment.**

<http://www.adventurerowingclub.co.uk/mcr-2018>

Timetable – Montford Challenge Row - Saturday, 24 March 2018

Time	Activity	Location
09.30 – 10.45	Crews arrive at the start area & unload	West Mid Showground
10.00 – 11.15	Boat preparation	West Mid Showground
9.30 – 11.00	Registration	West Mid Showground
10.00 – 11.30	Breakfast rolls / hot and cold drinks available	West Mid Showground
09.45 – 11.00	Drivers take trailers to finish location	Pengwern Boat Club
10.15 – 11.15	Transport for pre-booked drivers back to start	Pengwern Boat Club to WMSG
11.15	RACE BRIEFING– All coxes must attend	West Mid Showground
11.30 - 12.30	Stage 1 Time trial - RACE START First boat off & all boats follow at 3 minute intervals	West Mid Showground
13.30 – 14.30	Stage 2 Time Trial- RACE START Boats cross start line opposite Doctors house	“Doctors One” Nr Bicton
13.00 onwards	Bar open at finish	Pengwern Boat Club
14.30 – 16.15	Crews finish / Boats retrieved Etc.	Pengwern Boat Club
15.00 – 17.00	Race food for rowers / food available to purchase	Pengwern Boat Club
17.00	Race Presentation	Pengwern Boat Club
18.00 – 20.30	Further Food available to purchase	Pengwern Boat Club
18.00	DJ / Bar / Live music	Pengwern Boat Club

The Pengwern Boathouse



Camping and accommodation information.

1. Camping / caravan / campervan facilities available at the West Mid Showgrounds in Shrewsbury, next to the river and approximately 25 minute walk from the Pengwern Boat Club (race finish location) – Flat Rate is £10 per caravan, camper or tent per night. Limited pitches for small tents available at Pengwern – please email Justin to book – justinjohnreynolds@gmail.com
2. Shrewsbury area Hotels, B&B's – see www.shropshiretourism.co.uk/where-to-stay.html
3. The best located town centre hotel is the Premier Inn which is 10 minute walk from Pengwern Boat Club.
4. If you cannot park your boat trailer or car where you are staying please contact us for assistance.
5. The start & finish points in Shrewsbury are approx. 30 mins walk from each other along the river.

Contact and Communication Information:

6. Race control - VHF Communication Channel – (TBC at the race briefing)
7. Race Control - dedicated emergency mobile phone number – for use during race only – (TBC at the race briefing)
8. Shropshire Adventure Rowing Club Organiser – Justin Reynolds - 07973 823472 – justinjohnreynolds@gmail.com
9. Shropshire Adventure Rowing Club Organiser – Geoffrey Barton - 07921 894921
10. Shropshire Adventure Rowing Club Commodore – Quentin Shaw - 07843 982332
11. Shropshire Adventure Rowing Club Safety Officer – Bev Scragg - 07813 751550
12. Shrewsbury Hospital - 01743 261000

For individuals or groups wishing to make a full weekend of it, we are holding a set of sprint races on Sunday morning. No race fee.

Races will start and finish at the Pengwern Boat Club using 2 SARC Celtics so visiting club boats can be packed up on Saturday. Crew selection will be by SARC “hat of fairness”

The race will be a 1 -1.5 mile course racing head-to-head in repechage heats, semi-finals and finals, so crews get multiple opportunities to row.

Please indicate your interest where requested on the booking form for the main Saturday race so we have an idea of numbers.

Provisional Timetable – Sprint race – Sunday, 25th March 2018

Time	Activity	Location
10.00 – 10.30	Arrive at Pengwern Boat Club	Pengwern Boat Club
10.00 – 10.15	Boat preparation of SARC boats only	Pengwern Boat Club
10.30	“Hat of fairness” Crew draw & Race briefing	Pengwern Boat Club
10.00 – 14.00	Bacon rolls / hot Drinks available	Pengwern Boat Club
10.45 onwards	RACE 's commence - Heats / semi's / Final	Pengwern Boat Club
11.00	BAR open	Pengwern Boat Club

